

Startliste – 1. divisionsmatch og åbent stævne

2022-09-18

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|---------------|-------|---------------------------------|-------------------|--------------|
| H18 | | | 8450 meter | Start |
| H18 | 10:40 | Magnus Fannar Madsen | FROS/Melfar | 8250405 |
| H18 | 10:42 | Noah Bovin | Odense OK | 1450258 |
| H18 | 10:44 | Sebastian Brinch Møller | Kolding OK | 8052012 |
| H18 | 10:46 | Daniel Mikkelsen | FROS/Melfar | 8635831 |
| H18 | 10:48 | Anton Johansen | Odense OK | 1417052 |
| H20 | | | 8450 meter | Start |
| H20 | 10:50 | Gustav Vinther Østermark Jensen | Kolding OK | 8196910 |
| H20 | 10:52 | Felix Isaksen | OK Snab | 8160402 |
| H20 | 10:54 | Jonas Gabs | FROS/Melfar | 8635810 |
| H21 | | | 5275 meter | Start |
| H21 | 10:00 | Peter D. Frandsen | Kolding OK | 8071087 |
| H21 | 10:02 | Jonas Lindorf | OK Snab | 8025665 |
| H21 | 10:04 | Lars Schmidt Johansen | FROS/Melfar | 1428567 |
| H21 | 10:06 | Bjørn Thune Lindorf Lund | OK Snab | 8026608 |
| H21 | 10:08 | Rasmus Iversen | Odense OK | 9200655 |
| H21 | 10:10 | Rasmus Ravn Pedersen | OK Gorm | 8089683 |
| H21 | 10:12 | Bjarke Andersen | Odense OK | 1428696 |
| H21 | 10:14 | Casper Thygesen | OK Snab | 8181199 |
| H21 | 10:16 | Toke Seir | OK Gorm | 9102277 |
| H21 | 10:18 | Mikkel Sørensen | FROS/Melfar | 9932404 |
| H21 | 10:20 | Thomas Blok | OK Snab | 1406296 |
| H21 | 10:22 | Viktor Bro Fejring | FROS/Melfar | 1417293 |
| H21 | 10:24 | Kristian Blok | OK Snab | 7030206 |
| H21 | 10:26 | Jesper Madsen | FROS/Melfar | 8190276 |
| H21 | 10:28 | Jeppe Edvardsen | OK Snab | 8009125 |
| H21 | 10:30 | Kent Østermark Jensen | Kolding OK | 1233219 |
| H21 | 10:32 | Jakob Q Christensen | Odense OK | 1402984 |
| H21 | 10:34 | Per Eg Pedersen | Kolding OK | 8635845 |
| H21 | 10:36 | Jens Kristian V. Petersen | OK Gorm | 7777277 |
| H21 | 10:38 | Niels Rounkvist Uhlemann | Kolding OK | 212279 |
| H21 | 10:54 | Holger V Petersen | OK Gorm | 1395506 |
| Åben 1 | | | 8450 meter | Start |
| Åben 1 | 11:00 | Per Storm Hansen | Svendborg OK | 9080455 |
| D18 | | | 7175 meter | Start |
| D18 | 11:06 | Ella Kolstrup Hansen | OK Snab | 2117597 |
| D18 | 11:08 | Anne Q Frederiksen | Odense OK | 1450267 |
| D18 | 11:10 | Olivia Fjordside Pagh | OK Snab | 2110805 |
| D20 | | | 7175 meter | Start |
| D20 | 11:16 | Matilde Skousen | FROS/Melfar | 8631627 |
| D20 | 11:18 | Eva Örnhagen Jørgensen | OK Snab | 8047100 |
| D21 | | | 7175 meter | Start |
| D21 | 10:42 | Marianne Lyng Krogh | Kolding OK | 8008900 |
| D21 | 10:46 | Lola Rimmer Eskildsen | OK Snab | 1985021 |
| D21 | 10:48 | Rikke Binder | OK Gorm | 439324 |
| D21 | 10:50 | Hedvig Valbjørn Gydesen | FROS/Melfar | 8089699 |
| D21 | 10:52 | Veselina Zhelyazkova | Odense OK | 8061415 |
| D21 | 10:54 | Anne Sofie Motzkus | Kolding OK | 1423310 |

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|-----|-------|-------------------------|-----------|---------|
| D21 | 10:56 | Camilla Spile | Odense OK | 1417065 |
| D21 | 10:58 | Dorthe Bloch Rosenvinge | OK Snab | 8040273 |
| D21 | 11:00 | Kristina Buch Dixen | OK Gorm | 1071086 |
| D21 | 11:02 | Mette Riis Jensen | Odense OK | 1416975 |
| D21 | 11:04 | Inge Skovgaard Jakobsen | OK Snab | 886575 |

| H40 | | | 7175 meter | Start |
|------------|-------|-------------------------------|-------------------|--------------|
| H40 | 10:00 | Jens Liengård | OK Snab | 8150872 |
| H40 | 10:02 | Claus Grøn Lyngby | OK Gorm | 209082 |
| H40 | 10:04 | Søren Mikkelsen | FROS/Melfar | 8635847 |
| H40 | 10:06 | Nicolai Wind | Kolding OK | 8635899 |
| H40 | 10:08 | Kim Lindahl | FROS/Melfar | 8635857 |
| H40 | 10:10 | Kim Gotfred-Iversen | Odense OK | 1450225 |
| H40 | 10:12 | Flemming Schønning Rosenvinge | OK Snab | 8220272 |
| H40 | 10:14 | Anders Dalgaard | Kolding OK | 7575751 |
| H40 | 10:16 | Michael Buch Lorenzen | OK Gorm | 209006 |
| H40 | 10:18 | Jesper Fenger-Grøn | OK Snab | 8089684 |
| H40 | 10:20 | Jens Kristian Laursen | OK Gorm | 1421040 |
| H40 | 10:22 | Esben Blicher | FROS/Melfar | 8657120 |
| H40 | 10:24 | Peter Sigvardt | Odense OK | 8515568 |
| H40 | 10:26 | Bo Mønster Jørgensen | FROS/Melfar | 1419956 |
| H40 | 10:28 | Thomas Edvardsen | OK Snab | 1428710 |
| H40 | 10:30 | Nicolai Krabek | Odense OK | 8004594 |
| H40 | 10:32 | Flemming Jørgensen | OK Snab | 8017100 |
| H40 | 10:34 | Jonas Bo Kirk Egdal | FROS/Melfar | 8631612 |
| H40 | 10:36 | Johan Brandstrup Fegar | Kolding OK | 680032 |
| H40 | 10:38 | Christian Volmar Skovsgaard | FROS/Melfar | 1395524 |
| H40 | 10:40 | Uffe Villumsen | OK Snab | 8123007 |

| Åben 2 | | | 7175 meter | Start |
|---------------|-------|-----------------------------|-------------------|--------------|
| Åben 2 | 11:20 | Mads Klausen | OK SYD | 1428573 |
| Åben 2 | 11:22 | Malthe Johannsen | OK SYD | 1414360 |
| Åben 2 | 11:24 | Christian Ravn Christiansen | OK SYD | 1070646 |
| Åben 2 | 11:26 | Per Mønster Jørgensen | Horsens OK | 8515233 |
| Åben 2 | 11:28 | Steffen Lemming | OK SYD | 1428574 |
| Åben 2 | 11:30 | Rasmus Ejlersen | OK SYD | 7003430 |

| D40 | | | 6175 meter | Start |
|------------|-------|-------------------------|-------------------|--------------|
| D40 | 10:00 | Jenni Volmar Skovsgaard | FROS/Melfar | 1395521 |
| D40 | 10:46 | Anne Mølgaard Nielsen | Odense OK | 1416997 |
| D40 | 10:48 | Mette Lindahl | FROS/Melfar | 1985022 |
| D40 | 10:50 | Rie Moos Villumsen | OK Snab | 8123006 |
| D40 | 10:52 | Tina Gotfred-Iversen | Odense OK | 1450224 |
| D40 | 10:54 | Helene Nissen | OK Snab | 2801469 |
| D40 | 10:58 | Pernille Buch | OK Gorm | 8002204 |
| D40 | 11:02 | Camilla Dalgaard | Kolding OK | 7575755 |
| D40 | 11:04 | Bente H. Ringive | OK Gorm | 1421033 |
| D40 | 11:06 | Mette Skovhus | Kolding OK | 1112145 |
| D40 | 11:08 | Louise Bierkampf Gjørup | OK Snab | 2128788 |

| H16 | | | 6175 meter | Start |
|------------|-------|---------------------------|-------------------|--------------|
| H16 | 11:10 | Magnus Lindahl | FROS/Melfar | 8628450 |
| H16 | 11:12 | Rasmus Edvardsen | OK Snab | 8009113 |
| H16 | 11:14 | Magnus Mølgaard Nielsen | Odense OK | 8005280 |
| H16 | 11:16 | Axel Örnhausen Jørgensen | OK Snab | 8057100 |
| H16 | 11:18 | Bertram Skovhus Jespersen | FROS/Melfar | 1417310 |
| H16 | 11:22 | Jonas Monrad Brodersen | Kolding OK | 1233211 |

H50

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|-----|-------|------------------------|
| H50 | 10:00 | Kaj Isaksen |
| H50 | 10:02 | Jes Aage Henning |
| H50 | 10:06 | Brian Knudsen |
| H50 | 10:08 | Jørgen Damgaard |
| H50 | 10:10 | Sten Egholm Jørgensen |
| H50 | 10:12 | Niels Nygaard Jensen |
| H50 | 10:14 | Peter Knudsen |
| H50 | 10:16 | Torben Kristensen |
| H50 | 10:18 | Thomas Sørensen |
| H50 | 10:20 | Michael Thygesen |
| H50 | 10:22 | Mads Holmgaard |
| H50 | 10:24 | Jacob Bang |
| H50 | 10:26 | Tommy Iversen |
| H50 | 10:28 | John Kristensen |
| H50 | 10:30 | Henrik Holm |
| H50 | 10:32 | Lars Pagh |
| H50 | 10:34 | Claus Flak Christensen |
| H50 | 10:36 | Christen K. Laursen |
| H50 | 10:38 | Stig Hansen |
| H50 | 10:40 | Bo Gjesing Jepsen |
| H50 | 10:42 | Thomas Uhlemann |
| H50 | 10:44 | Peter Gammeljord |

6175 meter

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|-------------|---------|
| OK Snab | 8090467 |
| Kolding OK | 8051064 |
| OK Snab | 1290565 |
| OK Gorm | 7141263 |
| FROS/Melfar | 1428684 |
| OK Snab | 8201064 |
| FROS/Melfar | 9200367 |
| OK Snab | 900604 |
| FROS/Melfar | 760172 |
| OK Snab | 8201171 |
| Odense OK | 1416971 |
| OK Gorm | 1421049 |
| Odense OK | 1410573 |
| OK Snab | 8300730 |
| OK Gorm | 1410574 |
| OK Snab | 8033370 |
| FROS/Melfar | 1419954 |
| Kolding OK | 8130666 |
| FROS/Melfar | 1210300 |
| OK Snab | 1985020 |
| Kolding OK | 1413380 |
| OK Snab | 8130968 |

Start**Åben 3**

| | | |
|--------|-------|-------------------------|
| Åben 3 | 11:24 | Karsten Jøhnk |
| Åben 3 | 11:26 | Poul Erik Kjær |
| Åben 3 | 11:28 | Michael Schwartz-Jensen |
| Åben 3 | 11:30 | Søren Klingenberg |
| Åben 3 | 11:32 | John Bargmeyer |
| Åben 3 | 11:34 | Bjarne Johannsen |
| Åben 3 | 11:36 | Johnni Perschke |

6175 meter

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|------------|---------|
| OK SYD | 2128807 |
| OK H.T.F. | 2213984 |
| OK SYD | 1428575 |
| Faaborg OK | 1428694 |
| OK SYD | 1414358 |
| OK SYD | 1414359 |
| OK SYD | 1060374 |

Start**D16**

| | | |
|-----|-------|-----------------------------|
| D16 | 10:51 | Camilla Rimmer Eskildsen |
| D16 | 10:53 | Johanna K. Madsen |
| D16 | 10:55 | Agnes Fjordside Pagh |
| D16 | 10:59 | Filippa Søgaard Christensen |

5275 meter

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|-------------|---------|
| OK Snab | 2420849 |
| FROS/Melfar | 1402402 |
| OK Snab | 1452112 |
| OK Snab | 1210297 |

Start**Åben 4**

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|--------|-------|-------------------------|
| Åben 4 | 11:01 | Helle Termansen |
| Åben 4 | 11:03 | Gitte R. Christoffersen |
| Åben 4 | 11:05 | Harald Schultz |
| Åben 4 | 11:07 | Ethna Cavanagh |
| Åben 4 | 11:09 | Christian Christiansen |
| Åben 4 | 11:11 | Kristian Toustrup |
| Åben 4 | 11:13 | Bjørn R. Christoffersen |
| Åben 4 | 11:15 | Mona Christiansen |
| Åben 4 | 11:17 | Jørn H. Klausen |

5275 meter

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|--------------|---------|
| OK SYD | 1395516 |
| Svendborg OK | 1415123 |
| OK SYD | 2092876 |
| Faaborg OK | 234694 |
| OK SYD | 1021232 |
| OK SYD | 1414355 |
| Svendborg OK | 992424 |
| OK SYD | 1116240 |
| OK SYD | 1402992 |

Start**D50**

| | | |
|-----|-------|----------------------------|
| D50 | 10:31 | Inge Price Jensen |
| D50 | 10:33 | Monica Gade Buske |
| D50 | 10:35 | Linda Fenger-Grøn |
| D50 | 10:37 | Tina Blach |
| D50 | 10:39 | Ulrika Örnhausen Jørgensen |
| D50 | 10:41 | Marianne Skousen |
| D50 | 10:43 | Hanne Staugaard |

5275 meter

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|-------------|---------|
| Odense OK | 421778 |
| OK Gorm | 1421055 |
| OK Snab | 440197 |
| Kolding OK | 8631600 |
| OK Snab | 8027100 |
| FROS/Melfar | 8631623 |
| Kolding OK | 8071164 |

Start

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|-----|-------|-------------------|---------|---------|
| D50 | 10:45 | Lone Knudsen | OK Snab | 2660906 |
| D50 | 10:47 | Marianne Damgaard | OK Gorm | 7120802 |

H60

| | | | | |
|-----|-------|----------------------------|-------------------|--------------|
| | | | 5275 meter | Start |
| H60 | 10:01 | Knud Jespersen | OK Snab | 8251155 |
| H60 | 10:03 | Gert Pedersen | FROS/Melfar | 8633601 |
| H60 | 10:05 | Lars T. Munch | OK Snab | 8030158 |
| H60 | 10:07 | Torben Rasmussen | Odense OK | 2083208 |
| H60 | 10:09 | Terkel Gydesen | FROS/Melfar | 1413398 |
| H60 | 10:11 | Peter Føns Knudsen | OK Gorm | 2049940 |
| H60 | 10:13 | Sven Spangsberg | Odense OK | 243552 |
| H60 | 10:17 | Torben Hansen | FROS/Melfar | 1419950 |
| H60 | 10:19 | Henning Schou | OK Snab | 7583220 |
| H60 | 10:21 | Klavs Madsen | Odense OK | 1416992 |
| H60 | 10:23 | Erik Krogh | Kolding OK | 8270358 |
| H60 | 10:25 | Søren Germann | OK Gorm | 1004388 |
| H60 | 10:27 | Gunnar Hansen | Kolding OK | 7202753 |
| H60 | 10:29 | Hans-Christian Ross-Hansen | OK Gorm | 1421037 |

D60

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|-----|-------|------------------|-------------------|--------------|
| | | | 4375 meter | Start |
| D60 | 10:11 | Ulla Jensen | OK Gorm | 2083211 |
| D60 | 10:39 | Gitte Spangsberg | Odense OK | 201503 |
| D60 | 10:43 | Vibeke Dalgaard | FROS/Melfar | 7211572 |
| D60 | 10:45 | Inger Jensen | OK Gorm | 1421044 |
| D60 | 10:47 | Karen Lise Bøgh | Odense OK | 9101047 |
| D60 | 10:51 | Hanne Birke | Kolding OK | 8141056 |
| D60 | 10:53 | Inger Andreassen | FROS/Melfar | 1417301 |
| D60 | 10:55 | Vivi Andreassen | Kolding OK | 8580924 |
| D60 | 10:57 | Helle Schou | OK Snab | 758303 |
| D60 | 10:59 | Lilli Hansen | OK Gorm | 7777224 |
| D60 | 11:01 | Kate Nielsen | OK Snab | 1411252 |

H70

| | | | | |
|-----|-------|-----------------------|-------------------|--------------|
| | | | 4375 meter | Start |
| H70 | 10:01 | Per K. Simonsen | OK Snab | 2210444 |
| H70 | 10:03 | Niels Møller Petersen | FROS/Melfar | 1419960 |
| H70 | 10:05 | Poul A. Christensen | OK Snab | 1410780 |
| H70 | 10:07 | Niels Rabølle | Odense OK | 1410584 |
| H70 | 10:13 | Palle Wind | Kolding OK | 8643048 |
| H70 | 10:15 | Jørgen Stamp | Odense OK | 31328 |
| H70 | 10:17 | Niels Dalgaard | FROS/Melfar | 7211573 |
| H70 | 10:19 | Hans Christian Strib | OK Gorm | 8111112 |
| H70 | 10:21 | Gerhard Jensen | Odense OK | 1416981 |
| H70 | 10:23 | Jack Skrydstrup | Kolding OK | 8220238 |
| H70 | 10:25 | Flemming D. Andersen | OK Gorm | 308137 |
| H70 | 10:27 | Børge Pedersen | Odense OK | 1402413 |
| H70 | 10:29 | Poul Erik Buch | OK Gorm | 8631599 |
| H70 | 10:31 | Erik Fynboe | Odense OK | 1428707 |
| H70 | 10:33 | Ole Hoffmann | FROS/Melfar | 7211557 |
| H70 | 10:35 | Flemming Roel Jensen | Kolding OK | 8140651 |
| H70 | 10:37 | Wolfgang Schulz | Odense OK | 1417068 |
| H70 | 11:03 | Sven Madsen | FROS/Melfar | 1419951 |

Åben 5

| | | | | |
|--------|-------|-------------------|-------------------|--------------|
| | | | 4375 meter | Start |
| Åben 5 | 11:05 | Henrik Hansen | OK Esbjerg | 246557 |
| Åben 5 | 11:07 | Per F. Henriksen | OK H.T.F. | 1401730 |
| Åben 5 | 11:09 | Niels C. Andersen | RioK | 8633617 |
| Åben 5 | 11:11 | Knud Erik Thomsen | Svendborg OK | 8140144 |
| Åben 5 | 11:13 | Kurt Pedersen | RioK | 1419948 |
| Åben 5 | 11:15 | Erling Lundsgaard | OK SYD | 1428576 |

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|--------|-------|--------------------------|--------------|---------|
| Åben 5 | 11:17 | Hans Aage Hvalsøe Hansen | Fyns PI | 1402403 |
| Åben 5 | 11:19 | Annette Færing | Svendborg OK | 439315 |
| Åben 5 | 11:21 | Torben Jørgensen | RioK | 1411606 |
| Åben 5 | 11:23 | Leila Damkjær Pedersen | Svendborg OK | 7140760 |
| Åben 5 | 11:25 | Erik Ljungdahl | Faaborg OK | 8203302 |
| Åben 5 | 11:27 | Ove Splittorff | Svendborg OK | 8016643 |
| Åben 5 | 11:29 | Hans Nielsen | OK H.T.F. | 2112881 |
| Åben 5 | 11:31 | Hanne Ljungberg | OK SYD | 2128808 |
| Åben 5 | 11:33 | Ole Axelsen | Svendborg OK | 7577129 |
| Åben 5 | 11:35 | Frede Jacobsen | OK SYD | 2136662 |
| Åben 5 | 11:37 | Inger Marie Haahr | OK H.T.F. | 1401729 |

H14

| | | | | |
|-----|-------|---------------------------|--------------------------------|-------------------------|
| H14 | 10:56 | Anders Sigvardt | 4500 meter Odense OK | Start 8008512 |
| H14 | 10:58 | Johan Dalgaard | Kolding OK | 8333331 |
| H14 | 11:00 | Anton Spile Andersen | Odense OK | 1422367 |
| H14 | 11:04 | Emil Lindahl | FROS/Melfar | 8143215 |
| H14 | 11:06 | Sebastian Gotfred-Iversen | Odense OK | 1450222 |
| H14 | 11:08 | Jakob Skousen | FROS/Melfar | 1417311 |

H20B

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|------|-------|-------------------------|----------------------------------|-------------------------|
| H20B | 11:10 | Laurits Egdal Kortegård | 4500 meter FROS/Melfar | Start 8001913 |
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H21B

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|------|-------|---------------------------------|------------------------------|-------------------------|
| H21B | 10:30 | Lars Skovgaard Jakobsen | 4500 meter OK Snab | Start 8009136 |
| H21B | 10:32 | Steen Holmegaard | OK Gorm | 2083221 |
| H21B | 10:34 | Steffen Damkjær Hansen | OK Snab | 1401722 |
| H21B | 10:36 | Carl Christian Valbjørn Gydesen | FROS/Melfar | 1413397 |
| H21B | 10:38 | Mikael Monrad Brodersen | Kolding OK | 1233225 |
| H21B | 10:40 | Villy Kjeldsen | OK Snab | 2161161 |
| H21B | 10:42 | Lars Strøm Hansen | FROS/Melfar | 1419963 |
| H21B | 10:44 | Frederik Buch Dixen | OK Gorm | 1071085 |
| H21B | 10:46 | Jonathan Ramus | FROS/Melfar | 7211579 |
| H21B | 10:48 | Christian Hollbaum-Laursen | OK Gorm | 1421005 |
| H21B | 10:50 | Michael Møller | Kolding OK | 8020271 |
| H21B | 10:52 | Anders Rune Damkjær Pedersen | Odense OK | 1416978 |
| H21B | 10:54 | Rasmus Fenger-Grøn | OK Snab | 2048124 |
| H21B | 11:12 | Jan Ømand | FROS/Melfar | 7211565 |

H45B

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|------|-------|----------------------------|---------------------------------|-------------------------|
| H45B | 10:00 | Jesper Poulsen | 4500 meter Kolding OK | Start 1452129 |
| H45B | 10:02 | Martin Fejring | FROS/Melfar | 1428569 |
| H45B | 10:04 | Morten Gade | OK Snab | 2128792 |
| H45B | 10:06 | Per Allan Pedersen | FROS/Melfar | 8002518 |
| H45B | 10:08 | Karl Martin Pedersen | OK Snab | 2119077 |
| H45B | 10:10 | Flemming Rahbæk | Kolding OK | 7120937 |
| H45B | 10:12 | Henrik Hauge Thomsen | OK Snab | 8040866 |
| H45B | 10:14 | Kenneth Griffiths | Odense OK | 1450247 |
| H45B | 10:16 | Sven Erik Jakobsen | OK Gorm | 1421054 |
| H45B | 10:18 | Ole Balslev | Odense OK | 8006945 |
| H45B | 10:20 | Ove Hvam Andersen | OK Gorm | 1421053 |
| H45B | 10:22 | Lars Kops | FROS/Melfar | 1428568 |
| H45B | 10:24 | Anders Boysen | OK Snab | 2800633 |
| H45B | 10:26 | Mogens Bøgh | Odense OK | 9200938 |
| H45B | 10:28 | Martin Ringive | OK Gorm | 2083222 |
| H45B | 11:20 | Flemming Christiansen | FROS/Melfar | 7211568 |
| H45B | 11:22 | Peter Rysholt Christiansen | Odense OK | 443342 |

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|---------------|-------|---------------------------------|-------------------|--------------|
| Åben 6 | | | 4500 meter | Start |
| Åben 6 | 11:14 | Bjørn Grigoleit | OK SYD | 8645156 |
| Åben 6 | 11:16 | Benny Blaudzun | OK SYD | 1428577 |
| Åben 6 | 11:18 | Anders Termansen | OK SYD | 1395518 |
| D-Let | | | 3725 meter | Start |
| D-Let | 10:00 | Kirsten Rauff | OK Gorm | 1421041 |
| D-Let | 10:02 | Stine Lykkegaard-Madsen | Odense OK | 1428590 |
| D-Let | 10:04 | Johanne Andersen | OK Snab | 1428585 |
| D-Let | 10:06 | Mathilde Grønbjerg Gebka | OK Gorm | 209033 |
| D-Let | 10:08 | Bodil Fjordside Pagh | OK Snab | 1985023 |
| D-Let | 10:10 | Bente Jensen | OK Gorm | 1421014 |
| D-Let | 10:12 | Anne Lyders Gade | OK Snab | 2128793 |
| D-Let | 10:14 | Hanne Popp | Kolding OK | 1233220 |
| D12 | | | 3725 meter | Start |
| D12 | 10:16 | Maja Henningsen | OK Snab | 1985004 |
| D12 | 10:18 | Alberte Lynggaard Seir | OK Gorm | 1071084 |
| D12 | 10:20 | Ida Marie Sigvardt | Odense OK | 1422365 |
| D12 | 10:22 | Vigga Hjorth Balzarsen | OK Gorm | 1421022 |
| D12 | 10:24 | Zelda Marie Damkjær Pedersen | Odense OK | 2065739 |
| D12 | 10:26 | Marie Fjordside Pagh | OK Snab | 2134117 |
| D12 | 10:28 | Isabella Gotfred-Iversen | Odense OK | 1450223 |
| D14B | | | 3725 meter | Start |
| D14B | 10:50 | Smilla Ømand | FROS/Melfar | 7211563 |
| H-Let | | | 3725 meter | Start |
| H-Let | 10:30 | Jesper Juhl Petersen | OK Snab | 1428593 |
| H-Let | 10:32 | Ib Jensen | OK Gorm | 1421013 |
| H-Let | 10:34 | Finn Lykkegaard-Madsen | Odense OK | 1428591 |
| H-Let | 10:36 | Erik Jensen | OK Gorm | 1421045 |
| H-Let | 10:38 | Flemming Wedell | Odense OK | 1428698 |
| H-Let | 10:40 | Andreas H. Holm | OK Gorm | 1421006 |
| H12 | | | 3725 meter | Start |
| H12 | 10:42 | Rasmus Dalgaard | Kolding OK | 8428423 |
| H12 | 10:44 | Eskild Spile Andersen | Odense OK | 1419970 |
| H12 | 10:46 | Storm Schmidt Tofterup | FROS/Melfar | 1417318 |
| H12 | 10:48 | Benjamin Krabek | Odense OK | 8217900 |
| Åben 7 | | | 3725 meter | Start |
| Åben 7 | 10:54 | Albert Lind Killendahl Mogensen | OK SYD | 1428578 |
| Åben 7 | 10:56 | Kaj Lind Killendahl Mogensen | OK SYD | 1428579 |
| Åben 7 | 10:58 | Inger Munck | OK H.T.F. | 1410798 |
| Åben 7 | 11:02 | Thor Lind Killendahl Mogensen | OK SYD | 1428581 |
| D70 | | | 2975 meter | Start |
| D70 | 10:21 | Inge Thorsen | Odense OK | 31329 |
| D70 | 10:23 | Aase Eg Pedersen | Kolding OK | 7003432 |
| D70 | 10:27 | Grethe Larsen | OK Snab | 2310745 |
| D70 | 10:29 | Anna Mogensen | OK Gorm | 351413 |
| H80 | | | 2975 meter | Start |
| H80 | 10:03 | Bent Jacobsen | Kolding OK | 308932 |
| H80 | 10:05 | Holger Mikkelsen | Odense OK | 2075097 |
| H80 | 10:07 | Jørn Thomsen | Kolding OK | 8310842 |
| H80 | 10:09 | Erling Fenger-Grøn | OK Snab | 981777 |
| H80 | 10:11 | Torsten Boe Larsen | Odense OK | 434104 |

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| H80 | 10:13 | Niels J. Møller Hansen | Kolding OK | 2380530 |
| H80 | 10:15 | H. V. Jensen | Odense OK | 8664212 |
| H80 | 10:17 | Niels Erik Uhlemann | Kolding OK | 2049229 |
| H80 | 10:19 | Olav Odgaard | Odense OK | 8637577 |
| Åben 8 | | | 2975 meter | Start |
| Åben 8 | 10:31 | Silke Bolbro | OK SYD | 2108444 |
| Åben 8 | 10:33 | Randi Splittorff | Svendborg OK | 8033355 |
| Åben 8 | 10:35 | Aksel Skovlyst | Faaborg OK | 407727 |
| Åben 8 | 10:37 | Betty Hansen | OK H.T.F. | 1421503 |
| Åben 8 | 10:39 | Edit Thomsen | OK SYD | 682001 |
| D14 | | | 4125 meter | Start |
| D14 | 10:47 | Sofie Henningsen | OK Snab | 1450235 |
| D14 | 10:49 | Karla Blicher | FROS/Melfar | 8250309 |
| D14 | 10:51 | Maja Lyders Gade | OK Snab | 1060582 |
| D20B | | | 4125 meter | Start |
| D20B | 10:55 | Johanne Kaysen Thomsen | OK Snab | 9200993 |
| D20B | 10:59 | Sara Schramm Wind | Kolding OK | 8636968 |
| D20B | 11:01 | Lea Lyders Gade | OK Snab | 2128815 |
| D21B | | | 4125 meter | Start |
| D21B | 10:25 | Pia Damkjær Pedersen | Odense OK | 7202460 |
| D21B | 10:27 | Katrine Jakobsen | OK Snab | 7500551 |
| D21B | 10:31 | Maria Ehs Nielsen | Odense OK | 1450270 |
| D21B | 10:33 | Anne Sofie Olsen | OK Gorm | 1071083 |
| D21B | 10:35 | Alice Sigvardt | Odense OK | 446289 |
| D21B | 10:37 | Sissel Maria Eg Staugaard | Kolding OK | 1233213 |
| D21B | 10:39 | Naja Knudsen | OK Snab | 2180910 |
| D21B | 10:41 | Mette Grønbjerg Gebka | OK Gorm | 1421032 |
| D21B | 10:43 | Trine Eg Staugaard | Kolding OK | 8280600 |
| D21B | 10:45 | Rikke Stamp | OK Snab | 31331 |
| D45B | | | 4125 meter | Start |
| D45B | 10:01 | Annett Lassen | OK Gorm | 1421048 |
| D45B | 10:03 | Jeanette Fejring | FROS/Melfar | 1428566 |
| D45B | 10:05 | Lotte Vinther Andersen | Kolding OK | 1233215 |
| D45B | 10:07 | Malene Kaysen Thomsen | OK Snab | 7205425 |
| D45B | 10:09 | Anne Grethe Eriksen | FROS/Melfar | 7211580 |
| D45B | 10:11 | Mette Berggren | Kolding OK | 1233217 |
| D45B | 10:13 | Lone H Frederiksen | Odense OK | 1409591 |
| D45B | 10:17 | Lene Edvardsen | OK Snab | 1428697 |
| D45B | 10:19 | Jette Lützow Nielsen | Kolding OK | 1233214 |
| D45B | 10:21 | Lone Rasmussen | OK Snab | 8010766 |
| D45B | 10:23 | Lisbet Holm | OK Gorm | 1031976 |
| Åben 9 | | | 4125 meter | Start |
| Åben 9 | 11:03 | Jytte Elsborg Jacobsen | OK SYD | 1428582 |
| Åben 9 | 11:05 | Louise Lind Killendahl Jensen | OK SYD | 1428583 |
| Åben 9 | 11:07 | Sebastian Muff Kristensen | OK H.T.F. | 1428572 |
| Åben 9 | 11:09 | Sandrae Bidstrup | OK SYD | 1706663 |
| Begynder | | | 2950 meter | Start |
| Beg | – | Bodil Mortensen | OK Gorm | 1421011 |
| Beg | – | Bodil Nygaard Poulsen | OK Gorm | 1421035 |
| Beg | – | Elias Brandstrup Fegar | Kolding OK | 1013314 |
| Beg | – | Gitte Hoffmann | FROS/Melfar | 889648 |
| Beg | – | Johanne Volmar Skovsgaard | FROS/Melfar | 1417294 |
| Beg | – | Ludvig Krabek | Odense OK | 1422364 |

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| Beg | – | Mathilde Lindorf | OK Snab | 7500553 |
| Beg | – | Sigrid J Andersen | OK Snab | 1428584 |
| Beg | – | Theo Brandstrup Fegar | Kolding OK | 1013310 |
| Beg | – | Vilma Tofterup | FROS/Melfar | 111111 |
| D10 | | | 2950 meter | Start |
| D10 | – | Alberte Henningsen | OK Snab | 1428586 |
| D10 | – | Alberte Lindorf | OK Snab | 8079933 |
| D10 | – | Carolina Langemose | FROS/Melfar | 7211561 |
| D10 | – | Ida Damkjær Thorsen | OK Snab | 1428587 |
| D10 | – | Inger Spile Andersen | Odense OK | 1450269 |
| D10 | – | Juliane Volmar Skovsgaard | FROS/Melfar | 1417291 |
| D10 | – | Karla Lynggaard Seir | OK Gorm | 981774 |
| D10 | – | Nynne Mølgaard Nielsen | Odense OK | 1450226 |
| D10 | – | Sofie Kops | FROS/Melfar | 222222 |
| D12B | | | 2950 meter | Start |
| D12B | – | Katrine Lykkegaard-Madsen | Odense OK | 1450256 |
| H10 | | | 2950 meter | Start |
| H10 | – | Alfred Damkjær Thorsen | OK Snab | 1428588 |
| H10 | – | Jakob J. Andersen | OK Snab | 1428589 |
| H10 | – | Linus Emil Damkjær Pedersen | Odense OK | 2065738 |
| H10 | – | Magnus Lindorf | OK Snab | 7500601 |
| H10 | – | Marcus Lyders Gade | OK Snab | 1060592 |
| H10 | – | Mikkel Kops | FROS/Melfar | 333333 |
| H10 | – | Noah Brandstrup Fegar | Kolding OK | 1013317 |
| H10 | – | Sebastian Nissen | Kolding OK | 1233221 |
| H12B | | | 2950 meter | Start |
| H12B | – | Noah Scheurer Jacobsen | FROS/Melfar | 1419953 |
| Åben 10 | | | 2950 meter | Start |
| Åben 10– | | Alexander Muff Kristensen | OK H.T.F. | 1428570 |
| Åben 10– | | Kristoffer Muff Kristensen | OK H.T.F. | 1428571 |
| Åben 10– | | Maria Klausen | OK SYD | 1428580 |